

Investing in Birth Families Resource List – Entrusted Conference 2019

Speakers – Pete and Leila Gunning from Patty's Hope

A digital version of this can be found at <https://www.pattyshope.org/learn-more> (PDF button)

Note: not all resources are from a Christian world view, nor do we agree with absolutely everything from these all resources below.

Favorites

1. Helping without Hurting video series: Helps with mindset for help people in poverty– 6 x 15mins

<https://www.youtube.com/watch?v=a339VZRE3CM>

2. Rise magazine: A magazine and resources written by biological families of children touched by foster care. Their archive is quite impressive with many subjects covered.

<http://www.risemagazine.org/issue-archive/>

3. Interviews: Helpful video to help you understand biological families of children in foster care a little better – 15mins

<https://www.youtube.com/watch?v=iLFGmz3J9r4>

4. Owning responsibility video and article: Very helpful on giving practical advice on how to help people take responsibility for their actions and move forward.

<https://vitalsmarts.com.au/take-responsibility-for-actions/>

Trauma

5a. The life Model book and mental health resources: Website for understanding the brain and a model for helping people heal from hurt.

<https://www.jamesgfriesen.com/the-life-model-living-from-the-heart-jesus-gave-you.php>

5b. The “life model works” video series: A host of videos talking more in-depth about trauma.

https://www.youtube.com/watch?v=IBXoo_4W-ww&list=PLW3TgbL4XimIQ2MwymYF7uxhTb165oIv&index=3

5c. Trauma TED talk: Great intro to the ACE's study. Easy powerful listen – 16mins.

<https://www.youtube.com/watch?v=95ovIJ3dsNk>

5d. Quick guide to 20 signs of unresolved trauma: simple easy to read website

<https://www.discussingdissociation.com/2009/07/20-signs-of-unresolved-trauma/>

5e. Trauma and the Brain Overview: A Scottish law enforcement video mostly dealing with sexual abuse but does a pretty good job of simplifying the brain systems. Note: there is now fight, flight, freeze and appease. <https://youtu.be/4-tcKYx24aA>

5f. Bessel Van Der Kolk: Reviews symptoms and results of trauma/PTSD – 7mins

https://youtu.be/szvCMwl_d-E

5g. The body keeps the score: A book detailing history of discovering the impacts of trauma and scientific, but practical look at how to heal. *Be aware that this is quite a graphic book in regard to details of people's trauma stories.*

Homelessness

6a. Community First Village: Their introduction video about their village is super encouraging. But they also have a lot of interviews with former homeless men and women which has a lot of great learning material. – 3mins.

<https://www.youtube.com/watch?v=27XDnHnzdc>

6b. The open table model: Interview with a graduate of a model for helping people that is getting some great results.

<https://player.vimeo.com/video/289769514>

Drugs

7. Drugs – Why families wait – Mr. Interventionist: Great video for a glimpse into the mindset of a substance abuser. – 28mins

https://www.youtube.com/watch?v=4sxyXl_nhiQ

Other

8. Kait – Love mother blog: A foster mom sharing life as a foster parent.

<https://www.youtube.com/watch?v=glsf8kg45nU&t=144s>

9. Building a Positive Relationship with Birth Parents article

<http://fosteringperspectives.org/fpv13n1/foster.htm>

10. Working with birth parents' interview

https://www.fosteringperspectives.org/fp_vol3no2/working_with_birth_parents.htm

11. Guide for incarcerated parents with children in foster care: 34-page manual

<https://youth.gov/feature-article/guide-incarcerated-parents-child-welfare-system>

12. <https://www.childwelfare.gov/topics/permanency/reunification/>

Concerns/Issues list

- Housing
- Employment
- Poor education
- Limited life skills
- Tragic upbringing
- Brain development impact by trauma
- Triggers
- Perpetually disorganized
- Unhealthy habits
- Substance abuse disorders
- Unhealthy relationship boundaries
- Access to reliable transport
- Poor self-reflection skills
- Ownership of mistakes made
- Toxic community
- Anger management
- Low self-esteem
- Mental health
- Pride
- Debilitating shame
- Poor financial management
- Entitlement attitude
- Hand out mentality
- No father helping with the child
- Criminal record
- Cultural isolation and stigma
- A ticking clock on their case
- A widespread housing crisis
- A confusing welfare system
- A confusing foster care system
- A hedonistic and instant gratification culture
- Individualistic and relationally poor culture
- A world view that doesn't have Jesus in it
- Without the holy spirit sanctifying them

A profound catastrophic loss of family (Loaves and Fishes & Community First Village in Austin Texas)

Resource list presented at Entrusted Conference breakout session: Investing in Biological Families
Pete and Leila Gunning from Patty's Hope. www.pattyshope.org